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Diplomate
Board of Orthodontists



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TMJ / PAIN HEADACHE QUESTIONNAIRE

Please answer all questions so that we may be able to manage your problem.

Name _____ Age _____ Sex _____ Marital Status _____

Address _____ City _____ State _____ Zip _____

Phone: (AC) _____ Work _____ Home _____

Occupation _____

How did you learn about Dr. Wright's Office? _____

1. My last medical examination was on _____

Physician's Name / Address / Phone _____

2. My last dental examination was on _____

Dentist's Name / Address / Phone _____

3. List in chronological order the Dentists and Physicians who have treated you for your pain problem (Names / Addresses)

4. Have you ever been hospitalized for any serious illness or operation? Yes No

If yes, please explain with dates _____

5. Do you regularly take any medication or pills? Yes No

If yes, please explain with dates and dosages if possible _____

6. Do you have any allergies? (environmental or drugs?) Yes No

If yes, please explain _____

(Iodine? - IVP dye?) _____

7. Have you ever had a bad reaction to medication other than allergic in nature? Yes No

8. Have you ever been treated for any mental or emotional problems? Yes No

If yes, please explain with dates _____

9. Have you experienced numbness of one side of the face or body? Yes No

10. Do you suffer from chronic headache? _____ Ear pain? _____ Ear infections? _____

11. Do you suffer from stomach trouble or ulcer? Yes No

12. Are you suffering from rheumatism or arthritis? What kind: Rheumatoid _____
Degenerative _____ Traumatic _____ Gout _____

13. Do your muscles and joints ever feel stiff or swollen? Yes No

14. Do you ever experience muscle aches or spasms? If so, where? _____

15. Do you have trouble sleeping? Yes No Use sleeping pills? Yes No

16. Do you suffer from low back pain? Yes No

17. Do you have any eye problems? Yes No glasses? Yes No surgery? Yes No
blurred vision? Yes No double vision? Yes No "spots"? Yes No
pain behind the eye(s)? Yes No

18. Do you have sinus problems? Yes No

19. Do your salivary glands ever hurt or swell? Yes No

20. Have you ever had dental pain or infection? Yes No

21. Have you had your wisdom teeth removed? Yes No

22. Difficulty swallowing? Yes No Painful? Yes No

23. When did your problem with pain (TMJ, FACE, HEAD, NECK) begin? (Please use dates if possible). _____

24. How long has this problem persisted? _____

Has there been periods of remission? Yes No

25. What part of the day is the pain or functional problem most severe? _____

SYMPTOMS

Circle all the symptoms that apply to you: (right, left, both)

Ear pain	R	L	B	Hearing problems	R	L	B
Face pain	R	L	B	Headaches	R	L	B
Neck pain	R	L	B	Frequency of headaches	_____		
Eye pain or burning	R	L	B	Sore / sensitive teeth			
Uncomfortable dental bite	R	L	B	Dizziness / loss of balance			
Jaw pain	R	L	B	Ringling In the ears	R	L	B

IS THIS PAIN?

Constant	Worse in the morning
Aching	Worse in the afternoon
Stabbing	Awakens you at night
Burning	When chewing
Shooting	Electrical

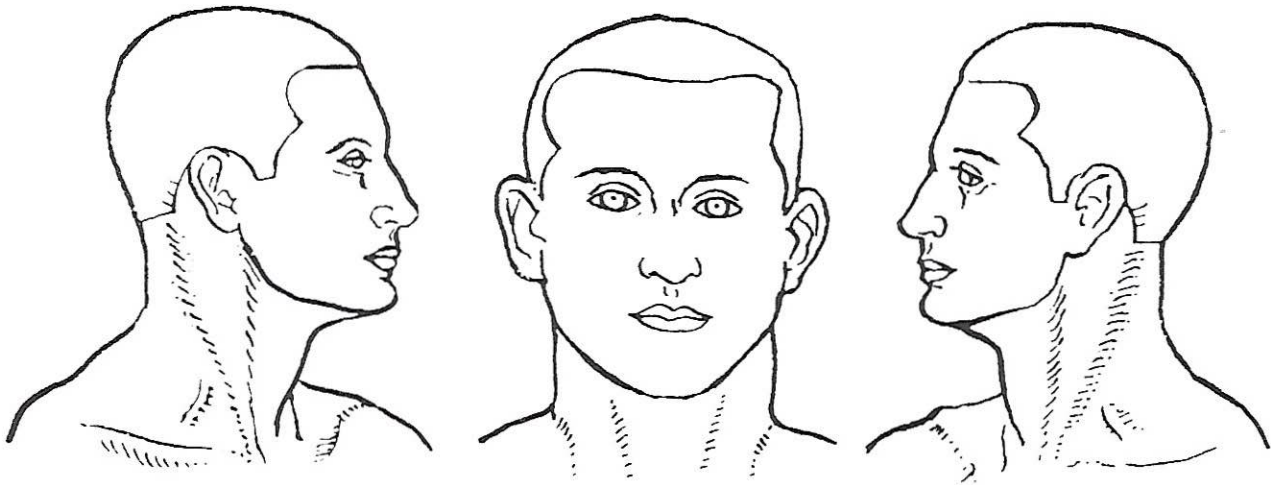
DOES YOUR JAW?

Click or pop	R	L	B	Lock open	R	L	B
Catch or "hangup"	R	L	B	Lock closed	R	L	B
Make a grinding noise	R	L	B	Deviate on one side	R	L	

27. If none of these symptoms is occurring now, have any of these symptoms occurred in the past? Yes No

Please explain _____

28. Draw an outline and shade the area of your pain:



29. Have you ever been involved in an accident or had a sports injury? Yes No

If yes, explain _____

Any injury to the head and neck? Yes No Whiplash? Yes No

30. Do you have any oral habits such as grinding or clenching your teeth? Yes No

Cheek or lip biting? Yes No biting on hard object (ice)? _____

31. Have you ever had orthodontics? Yes No (braces) when _____ (age)
How long? _____ Retainer? _____

32. Have you ever had jaw surgery for deformity? Yes No
Fracture? Yes No Please explain _____

33. Have you had any treatment for your problem? (Underline those that apply)

Bite splint	Dental bite adjustment
Medication	Orthodontics
Physical therapy	Surgery
Counseling	Other _____

- 34. Are you frequently confined to bed by illness? Yes No
- 35. Are you always in poor health? Yes No
- 36. Do you come from a sickly family? Yes No
- 37. Has pain made work impossible for you? Yes No
- 38. Are you constantly made miserable by poor health? Yes No
- 39. Do you have to lie down and rest often because of pain? Yes No
- 40. Does pain bother you so much you have to keep moving? Yes No
- 41. Has pain interfered with your sex life? Yes No
- 42. Are you unable to do all the things you want because of pain? Yes No
- 43. Do you find that all you can think about is your pain? Yes No
- 44. Do doctors seem to have failed you? Yes No
- 45. Do you keep looking for a specialist to solve your case? Yes No
- 46. Do you have trouble getting doctors to take you seriously? Yes No
- 47. Have some doctors said your pain was imaginary? Yes No
- 48. Do you secretly think your case may be hopeless? Yes No

49. Describe your problem in your own words: _____

50. On a scale of 1 thru 10, where would your pain fall in severity? _____